

M O N T H L Y N E W S L E T T E R



**SOUTHERN INDIA CHARTERED ACCOUNTANTS STUDENTS ASSOCIATION
THIRUVANANTHAPURAM**

Rewind

F E B R U A R Y 2 0 2 2



**THE INSTITUTE OF CHARTERED ACCOUNTANTS OF INDIA
THIRUVANANTHAPURAM**

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Chairman's Address



Dear Students,

Warm greetings to all of you. It is an immense honour to serve as Chairman of the branch. I would like to express my gratitude to the committee and the CA fraternity for entrusting me with a profound responsibility of serving the branch in the best interest of our members, our students and the profession.

I would like to congratulate our new SICASA team led by the chairperson CA. Julie. G. Varghese. Wishing the new team a happening year 2022-23.

There is no shortcut for success except hard work. Hard work have to be correlated with smart work. Positive thinking, self-confidence and persistent efforts are the integral parts of a successful professional life.

Wishing you all, a very wonderful and cheerful Holi festival.

With regards,

CA. Cherianji Samuel
Chairman
Thiruvananthapuram Branch of ICAI

SICASA Chairperson's Address



Beloved Students,

It is with immense pleasure I'm addressing you as the SICASA Chairperson of the Thiruvananthapuram Branch of SIRC for the year 2022-23. In this February edition, the month of Love, lets spread love and humanity.

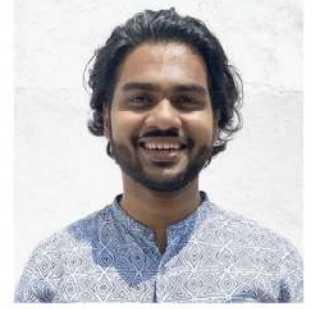
I would like to congratulate all those who cleared at least a single paper when the results came. For those who couldn't make up this attempt, let me emphasis on the point that failure is delay, not defeat. You should straightaway conduct a SWOT analysis of your "self". What is your weakness and how to shield that weakness with your strength? You should find the trend of your marks whether it is in upward or downward. If it is constantly decreasing, there exists something grave in your studies to be cleared off. Find it, clear it.

Our profession is such a venerated profession with less monetary investment and much brain investment which indoctrinating a period of three years for articleship training. I would say every one of you to show 100% dedication during your articleship period. Whatever you are learning from a practical experience will remain in your brain more than what you learn theoretically.

Being Back to Normal, SICASA Thiruvananthapuram is planning to conduct almost all the activities offline. I wish all of you to participate in every possible manner you can, being it mock tests, cultural program or sports program. I wish all the newly elected committee and subcommittee members an energetic and enthusiastic year ahead. Let's pray to the Almighty to end this pandemic and provide us with all success.

Thank you,
CA Julie G Varghese
SICASA Chairperson
Thiruvananthapuram Branch

Vice Chairman's Address



Fellow CA students,

I feel proud to be addressing you as the SICASA Vice Chairman of the Thiruvananthapuram branch of ICAI. Taking over from my predecessors, my committee will be placing utmost importance on the well-being of fellow CA students.

SICASA is a forum of the students, by the students and for the students. And I believe that if more students saw SICASA as such, it would fill much of the gap relating to lack of clarity on the course, about after the course, and even the little things that happen within our articleship period or inside SICASA. We as a committee are here to help each and every one of you through any kind of trouble you face in your CA journey. Know that you can feel free to reach out to any of us for the same, and I promise we will be there for you.

Due to the pandemic and other unavoidable circumstances, we have been unable to function at full capacity for the last two years. I am glad to inform you that this year we will make up for all that we have had to give up. My definition of a Chartered Accountant extends far beyond being bookworms who eat the Income Tax Act and spit out sections and subsections. Hence, we will be giving equal importance to Arts and Sports for the all-round development of my fellow future CAs.

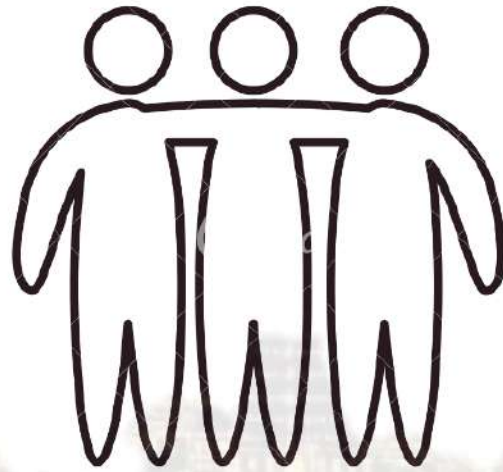
An inability to communicate properly, a lack of an avenue for losing stage fright, and general reluctance towards extra-curriculars comprise the challenging reality facing our students. I urge all of you to participate in as many events as possible in the upcoming year, where we stand ready to prime you.

I expect your wholehearted co-operation throughout the year, and hope to see you all soon!

Regards,
Adwaith Umesh
Vice Chairman
SICASA Thiruvananthapuram Branch

MEET OUR TEAM

SICASA THIRUVANANTHAPURAM 2022-23



ADWAITH UMESH
VICE CHAIRMAN



SAI ARADHANA M
SECRETARY



AKHIL RAJ R
TREASURER



DHANYA L
EDITOR



ANCETA M.E.
INTER REP



CHRIS ANN D
FINAL REP

MEET OUR TEAM

SICASA THIRUVANANTHAPURAM 2022-23



MAJID M SATHIK
JOINT SECRETARY



ROHITH CHANDRAN
JOINT TREASURER



KARTHIKA K
SUB EDITOR



ALAN FATHIMA
PROGRAM COORDINATOR



SREEJITH S
SPOKESPERSON



GOPIKA S MONI
ARTS SECRETARY

Secretary's Report



Hello Guys!

With the beginning of a new year, it gives me immense pleasure to be a part of SICASA and to address you in my first report as Secretary.

Although I have had reasonable experience in secretary roles, SICASA will undoubtedly be a wonderful experience. I will utilize this opportunity to the fullest, by addressing the concerns of students and providing support through thick and thin.

Regards,
Sai Aradhana M.
Secretary
SICASA Thiruvananthapuram Branch



From the Editor's Desk



DEAR READERS,

International Women's Day on 8th March is a beautiful moment for all of us women to reflect on and celebrate the strides made in women empowerment globally. As the name suggests, it is a day dedicated to women, a symbolic reminder of the historic journey they have taken globally for the betterment of their lives. It also reminds us that while a lot has been achieved on the front, the journey is long and a lot more is yet to be done.



I am happy to present our first newsletter on the same week we are celebrating Women's Day.

I hope that this small effort will not only help all of us to gain a stronger perspective about our professional life but also inspire breakthrough ideas and give us more reasons to celebrate together.

Dhanya L
Editor
SICASA Thiruvananthapuram Branch

Navigating Through Exam Stress

- Anceta M.E.

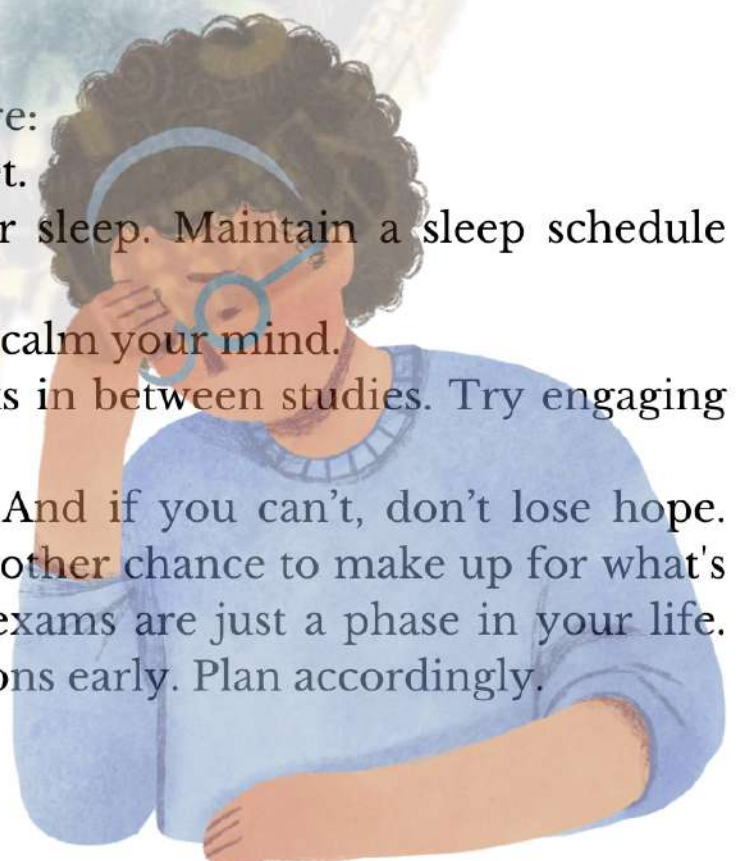
With the exam season around the corner, stress awaits us students like a predator eager to pounce on its prey. Stress brings along its companions such as sleeplessness, disrupted blood pressure levels, loss of / excess appetite and hormonal imbalances that can even alter your gene structure. Therefore it is of utmost importance that we learn to cope up with exam stress , not to mention the pandemic and its further negative consequences on the mental health of students.

Uncertainties in conducting examinations, online classes and general fear towards contacting people has left students in a crisis. We have to accept the reality that one cannot completely keep stress on check, but we sure can navigate through it so as to minimize its negative effects. Mental and physical well being of a person goes hand in hand in ensuring that one prepares and performs well in an examination.

Certain points to keep in mind are:

- Adhere to a well balanced diet.
- Do not compromise on your sleep. Maintain a sleep schedule and follow it without fail.
- Socialize. Talk to people who calm your mind.
- Give yourself adequate breaks in between studies. Try engaging in your hobbies.
- Have a plan and stick to it. And if you can't, don't lose hope. There will be another day, another chance to make up for what's lagging behind. Remember, exams are just a phase in your life. It'll pass. Start your preparations early. Plan accordingly.

Revise. Rest. Repeat.



PROGRAMME CHART-MARCH

Sl No:	Date	Day	Events	Speakers
1.	25/03/2022	Friday	Installation of newly elected office bearers	CA Satheeshan P
2.	25/03/2022	Friday	Bank Audit Seminar	CA Krishnanath N. CA Saran Kumar U.
3.	29/03/2022	Tuesday	Revision Class for Intermediate Students (Costing- 9:30 am- 1:00 pm)	CA Josh Joseph





UNION BUDGET 2022

- Proposal for more tax reforms on Direct Tax regime.
- Proposal for new updated tax returns.
- 30% Tax & 1% TDS on Virtual Digital Assets, no deduction is allowable other than Cost of Acquisition.
- Tax payers can file updated ITR within 2 years of relevant Assessment year.
- Tax deduction limit increased from 10% to 14% on Employer's contribution to NPS of 'State Government Employees'.
- Reduced Alternate Minimum tax for Co-operative Societies from 18.5% to 15%.
- Surcharge for Co-operatives reduced to 7% for those having income in the range of 1 to 10 Crore Rupees.
- Long Term Capital Gain surcharge will be capped at 15%.
- No set off of loss allowed against an undisclosed Income.
- Annuity received by parents/guardian of disabled persons attaining 60 years during lifetime are eligible for Tax relief.



IN LOVING MEMORY OF

JYOTHIRMAI

